

Your urine tests and pregnancy

During your pregnancy you will be offered a range of tests as part of your antenatal care to make sure you and your baby are safe and well.

What does a urine test show?

- Kidney or other infections that may happen during pregnancy
- Pre-eclampsia
- Group B Strep (GBS)
- Diabetes due to pregnancy

What are the problems with urine samples?

- You will be asked to give a "midstream" urine sample. This means that you do not collect the first part of urine that comes out. Usually you will have to start and stop peeing to do this.
- Using a sample from the first part of your pee may contain bacteria from your skin which causes contamination. This will not give an accurate result and you may have to do more tests.
- You will be asked to give a sample in a small pot. It is hard to get your pee into the pot without getting your hands wet, especially as your bump gets bigger.

Why Peezy Midstream?

- ✓ Peezy Midstream is comfortable and easy to use. You do not need to start and stop peeing to capture your midstream urine and there are no splashes.
- ✓ Peezy Midstream is designed to help make sure that your urine sample will not get contaminated. This will give you confidence that your results will be accurate.
- ✓ Using Peezy Midstream also means you will not have to keep doing repeat tests and making trips to your clinic. This will benefit you and help the NHS to save money.

Request Peezy Midstream for accurate urine samples.

Follow these simple steps:

- 1 Print this leaflet
- 2 Tear off the prescription request letter opposite and fill in your details
- 3 Give the letter to a member of your antenatal team and ask them for Peezy Midstream
- 4 Use Peezy Midstream for all of your antenatal urine tests



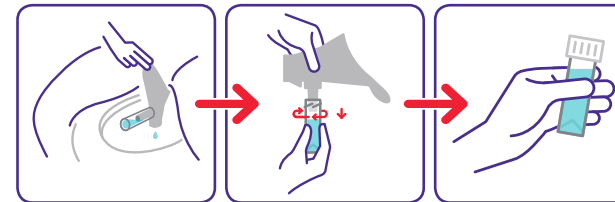
Prescription request letter

Dear antenatal team member,

I've heard that I can now use Peezy Midstream to provide the best midstream sample for my important antenatal urine tests. The Peezy Midstream design also means my pee is on the inside of the sample bottle, not everywhere else.

How does Peezy Midstream work?

- First stream rejection: reduced sample contamination
- Midstream collection: reduced sample infection
- Overflow rejection: reduced spill and cross infection



Please prescribe as many Peezy Midstream as I'll need for the rest of my pregnancy, so that I can give an accurate urine sample, first time.

Thank you,

Patient name: _____ Due date: _____

Today's date: _____ First pregnancy: Yes/No

Prescribing and purchase information

- FP10: Peezy Midstream PE40 use as directed; one pack per urine sample
- Drug Tariff IXB order number D950
- Also on NHS Supply Chain FSW575

www.peezyamidstream.com

